

## Upgrade your Islamic lifestyle with these 5 easy Duas:

As Muslims, we try our best to spend as much time remembering and praising Allah (SWT) as we do in our worldly chores. However, it is normal to feel like you are not doing enough.

Here are three duas you can add to your daily routine and reap additional rewards as you go about your day at home or work.

### 1. Dua for a blissful family life:

**Rabbana hablana min azwaajina wathurri-yaatina quratta a'yun,  
waja'alna mutaqaena imaamaa**

O my Lord! Grant unto us wives and offspring who will be the comfort of our eyes, and give us (the grace) to lead the righteous. [Surah Al-Furqan - 25:74]

### 2. Dua for success:

**Wamaa tawfeeqi illa billah, a'layhi tawakkaltu  
wa-ilayhi uneeb**

My success is not but through Allah. Upon him I have relied, and to Him I return. [Surah Hud - 11:88]

### 3. A dua that Allah loves:

**Subhaan Allaah wa bi hamdihi Subhaan Allaah il-'Azeem**

Glory be to Allah and His is the praise, (and) Allah, the Greatest is free from imperfection.

### 4. Dua to cope with daily challenges:

**Laa hawla wa laa quwwata illa Billaah**

There is no Power or Might except from Allah

### 5. Dua for forgiveness:

**Astaghfirullahi wa atobu ilayhi**

It was narrated from Abu Hurairah that the Messenger of Allah (SAW) said: 'I seek the forgiveness of Allah and repent to Him one hundred times each day.'

Sunan Ibn Majah 3815

#313CHALLENGE

The Battle of Badr  
The most decisive battle  
between Truth & falsehood.

# BE A PART OF THE **313**



The **Battle of Badr** took place on the **17th of Ramadan. 313** ill-equipped **Sahaba** sacrificing their lives for Islam. If they did not win, we might not have been here today.

We are not at the time of the sahaabah [RA] but today, in our time, **we can make a change.**

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## WORDSEARCH 7/29

Find the names of these 10 Sahaba [RA] who took part in the Battle of Badr. WhatsApp your completed Wordsearch to 072 991 3154

Complete all 29 Wordsearch puzzles\* to stand a chance to **win a Samsung Galaxy S22!**

U	W	C	B	R	D	X	Q	C	A	Y	Y	P	P
S	G	B	B	C	P	H	K	K	Q	Z	D	T	S
N	T	V	B	F	A	V	U	E	X	F	B	A	C
J	K	X	M	D	B	S	F	A	J	T	S	A	X
Z	Y	R	U	M	D	A	Z	K	S	E	N	U	H
R	C	U	H	M	U	F	S	U	C	H	C	C	G
T	Y	Q	R	E	L	W	Z	G	H	V	K	R	X
K	U	V	I	J	L	A	A	A	A	A	I	V	P
C	A	F	Z	K	A	A	I	N	Y	S	Y	M	L
M	L	B	A	M	H	N	P	R	K	D	F	R	B
A	X	D	E	Y	X	V	P	P	U	G	C	U	B
H	K	H	N	D	L	P	B	B	C	H	V	J	F
J	S	V	A	L	H	A	R	I	T	H	W	W	Y
A	O	L	J	V	N	G	F	T	Q	V	T	D	V

## NAMES

1. **Zayd** ibn Haritha [RA]
2. **Tufayl** ibn Al Haritha [RA]
3. **Ka'b** ibn Amr [RA]
4. **Zuhayr** ibn Rafi' [RA]
5. **Dhu Ash-Shamalayn**
6. **Abdullah** ibn Rabi al-Ansari [RA]
7. **Safwaan** ibn Umayyah [RA]
8. **Mahja** ibn Salih [RA]
9. **Muhriz** ibn 'Aamir [RA]
10. **Al-Harith** ibn Nu'man [RA]

## RULES:

- Words may appear diagonally, vertically, horizontally **and backwards.**

- **Only the bold part** of a name appears in the crossword.

\*Collect the entire series. Simply **WhatsApp 072 991 3154** to receive the previous day's pages.



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